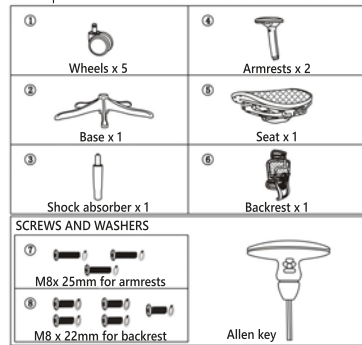


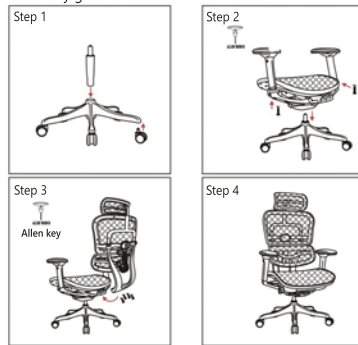
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Chair user manual

List of parts



Assembly guide



Adjustment marking

1. Backrest height adjustment handle
2. Armrests height adjustment button
3. The handle to adjust the height and depth of the seat and to adjust backrest tilt
4. Backrest tilt force adjustment rotary handle



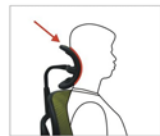
Function adjustment



A1 Headrest height adjustment



To adjust the height of the headrest, simply move your hand up or down. The headrest can be set in one of six positions.



The user will achieve the optimum headrest setting when the neck is fully supported.

A2 Headrest angle adjustment



The right angle of the headrest can be achieved by adjusting the headrest manually. The adjustment range of the headrest is 30 degrees



Optimal adjustment of the headrest tilt angle will allow to keep the chin in its natural position.

A1 Backrest tilt adjustment



To adjust the backrest tilt, move the lever handle backwards by pushing the backrest with your back and set the correct position. Return the handle to its original position to lock the backrest in the desired position.

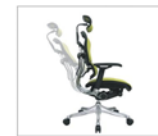


The adjustment ensures 4 possible positions of the backrest tilt. The correct tilt angle of the backrest reduces pressure on the spine.

A2 Backrest tilt force adjustment

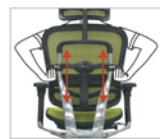


To adjust the backrest tilt force, pull the handle off the round knob and set the force by turning it forwards or backwards. When turning forwards, the resistance of the backrest tilt is increased, when turning backwards, the resistance is reduced.



The Synchro mechanism is ergonomically designed to provide high comfort of work. The adjustment of the backrest relative to the seat is in relation of 3: 1.

A 3 Seat height adjustment



To adjust the height of the backrest, press and hold the silver buttons and move the backrest up or down to set the position. The backrest will return to its lowest position when lifted to the top.

B1 Armrests height adjustment



To lower or raise the armrest, press the button at the both sides of the armrest and set it in the correct position. The armrest has eight possible settings.



Recommended armrest position: Allow your forearms to rest comfortably on the armrests, placing them at an angle of 90 degrees in relation to your torso.

B2 Pad adjustment



The armrest pad can be adjusted to your needs by turning it inwards or outwards.

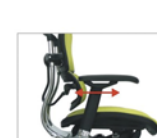


The optimum armrest position will be reached when the forearms are naturally resting on them when you work.

B3 Adjusting the distance between the armrests in relation to the seat

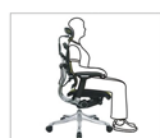


To adjust the distance between the armrests and the seat, press and move the armrests inwards or outwards according to your preference.



In order to adjust the armrests, the pads can be moved freely forwards or backwards.

A4 Lumbar support adjustment



- The height of the lumbar support may be adjusted with backrest height adjustment.
- The proper lumbar support setting will ensure comfort of sitting during many hours of work.

C1 Seat height adjustment



To adjust the height of the seat, pull the lever handle upwards. Lift yourself slightly, raising the seat at the same time raise the seat, when seated, lower its height.



Ergonomic posture requires that the thigh and calf should be kept at an angle of approx. 90 degrees. Feet should rest freely on the ground.

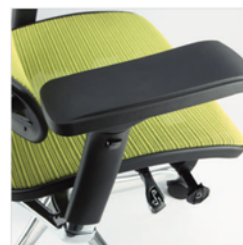
C2 Seat depth adjustment



To adjust the depth of the seat, move the lever handle forward and move the seat with your body to the desired starting position, lock the seat in the desired position.



The ideal seat depth is reached when the thighs are resting against the seat, the lumbar part of the spine is adjacent to the backrest, and the front part of the seat does not cause pressure under the knees.



An invoice is attached to every GROSPOL consignment. The invoice is a proof of purchase and a warranty document in case of a claim. We can also issue a separate warranty card at the customer's request.



WARRANTY CARD

PRODUCT NAME, TYPE: Ergohuman

PURCHASE DATE:

PURCHASER:

Warranty terms and conditions:

1. The warranty period for GROSPOL products is 60 months from the date of purchase. A complaint will be accepted only if a proof of purchase is presented: receipt, invoice with the date of purchase. This warranty does NOT have to be signed.
2. In case of defects, the user should send a claim in writing: by fax: 22 781-78-94 or by email: reklamacje@grospol.com.pl
3. Product defects revealed after the warranty period are removed free of charge within 14 business days from the day of complaint acceptance.
4. In case when defect removal is impossible or entails excessive costs, the manufacturer can replace the product with a new one.
5. The warranty does not cover claims concerning:
 - normal product wear and tear;
 - mechanical damages of the product; defects caused by misuse (see: Rules of proper product use);
 - defects revealed after any modifications and design changes made without the manufacturer's consent.
6. In the matters not covered by the warranty, the Civil code, the Act on provision of services by electronic means and the Act on consumers' law protection shall apply.
7. For the matters not covered by the warranty, the Civil Code, the Act on provision of services by electronic means and the Act on consumers' law protection are valid.

Seller's stamp and signature

Rules for the proper product use

USE

1. Products should be used in compliance with their intended uses.
2. All GROSPOL products are intended to be used in dry and closed rooms.
3. Products should be used and stored away from fire sources.
4. Products should not be exposed to sunlight for a long period as the colours may fade.
5. Products cannot be exposed to heat sources for a long period (distance from heat sources not less than 1m).
6. Proper use of GROSPOL products will ensure long and failure-free operation.
7. Please DO NOT DO NOT press against the armrest with the whole body weight when getting up.

Chairs are intended to be used by one person at a time. It is prohibited to:

- Occupy the seat by more than one person simultaneously;
- Stand on the seat;
- Use the chair to transport heavy objects;
- Sit on the armrests.

MAINTENANCE, CLEANING

Upholstery

For upholstery cleaning, cleaning agents upholstery available on the market. It is recommended to try the cleaning agent on the upholstery fragment.

Chromed and varnished components

Cleaning chromed and varnished components is recommended by using cleaning agents intended for such a purpose without abrasives. Floors wehre products with chromed and varnished elements stand should not be cleaned with agents exerting harmful effects on chrome and varnishare located.

Plastic components

For plastic components, the user should use agents for plastic cleaning available on the market.

NOTICE! Damages caused by incompliance with the mentioned rules are not covered by the warranty.